

SLOW COOKER MEAL MENU

BEEF

Sandwiches

SLOPPY JOES: Ground Beef, tomato-based sauce – tangy or sweet

CHICAGO BEEF SANDWICHES: Beef, pepper, onions, garlic

FRENCH DIP: Roast beef with an au jus for dipping

MEATBALL SUBS/SLIDERS: Beef with tomato sauce on bread

Entrees

POT ROAST: Beef, Beef stock, carrots, onion, garlic, potatoes

ROPA VEIJA: Beef, Tomatoes, jalapeno, olives, capers, onions

BEEF SHORT RIBS: Beef ribs, red wine, garlic, onions, herbs

SICILIAN POT ROAST: Beef, olives, oranges, rosemary, red wine

BEEF STROGANOFF: Beef, beef stock, mushrooms, mascarpone

LASAGNA: An Italian favorite with beef, tomato sauce, cottage cheese

CORNED BEEF & CABBAGE: Slow roasted brisket with cabbage, potatoes, carrots, celery, onions

MONGOLIAN FLANK STEAK: Flank steak with cherry balsamic vinegar, ginger, peppercorn & garlic rub

CHICKEN

Soup

CURRIED COCONUT CHICKEN SOUP: Chicken, curry, coconut, lime, cilantro

CHICKEN TORTILLA SOUP: Chicken, Mexican spices, tortillas, tomatoes

POZOLE: Chicken, Mexican chili, Hominy, Garlic, Onion, lime

WHITE CHICKEN CHILI: Chicken, white beans, green chilies, corn, cream

Sandwiches

BUFFALO CHICKEN SLIDERS: Chicken, buffalo sauce, garlic, onion

Entrees

CHICKEN MARSALA: Chicken, mushrooms, sweet onions, masala wine

SAVORY CHICKEN: Herbed chicken, potatoes, green beans

COQ AU VIN: Red wine braised chicken, mushrooms, lardoons, and garlic

CHICKEN FAJITAS: Mexican spiced chicken, garlic, cilantro, and lime

CHICKEN POT ROAST: Whole chicken, carrots, onions, marble potatoes, and herbs

WHOLE BBQ CHICKEN: Whole chicken, spice rub, BBQ sauce

THAI CHICKEN: Chicken, coconut milk, ginger, lemongrass, lime, cilantro

ETHIOPIAN-SPICED CHICKEN STEW: Chicken, African spice, red wine, red lentils

HONEY HOISIN CHICKEN WRAPS: Chicken, sweet sesame glaze

INDIAN BUTTER CHICKEN: Chicken, potatoes, cream and a bit of spicy seasonings

PORK

Soup

GREEN PORK CHILI: Pork, tomatillos, hominy, onions, garlic, cilantro

ANDOUILLE SAUSAGE, KALE, WHITE BEAN SOUP: Sausage, kale, white beans, chicken stock

Sandwiches

PULLED PORK: Pork, warm spices, brown sugar, chicken broth, garlic, onion

CUBAN SANDWICH: submarine-style layering of ham, roast pork, cheese, and pickle

ITALIAN SAUSAGE & PEPPERS: Italian street food with sausage, peppers, & onions

Entrees

HAWIAN STYLE COUNTRY RIBS: Pork Ribs, pineapple juice, garlic, onion

PORK ENCHILADAS WITH MARINATED ONIONS: Pork, Mexican chili sauce

APPLE BALSAMIC PORK ROAST: Pork, apple cider glaze, herbs

PORK MEATBALLS: Ground pork, garlic, onions, herbs, sweet onion gravy

HOISIN BABY BACK RIBS: Baby back ribs with a sweet Asian sauce

LAMB

Entrees

PERSIAN LAMB STEW: Lamb, carrots, dried lime, saffron, pomegranates

LAMB TAGINE: Lamb, ginger, apricots, almonds, chickpeas, cilantro

FISH

Soup

BRAZILIAN STYLE FISH STEW: Fish, coconut milk, tomato, garlic, onion

SHRIMP AND CHORIZO STEW: Shrimp, chorizo, tomato, cayenne, garlic

Entree

INDIAN STYLE FISH: Fish, Indian curry, turmeric, coconut, cilantro

VEGETARIAN

Soup

RIBOLLITA: Italian soup with kale and zucchini

Entrees

ROOT VEGETABLE CONFIT: Root vegetables slow cooked in oil with pesto

CHÈVRE AND PUMPKIN LASAGNA: Lasagna with cheesy pumpkin custard

MUSHROOM-BARLEY RISOTTO: Savory and creamy with meaty chunks of mushrooms

VEGETABLE TAGINE: Moroccan inspired with vegetables and spices

FENNEL BRAISED WITH ARTICHOKES: White wine, rosemary, oregano, thyme